

Pre-Procedure Preparation Guidelines

Report to the First Floor/Must have a driver

1. ALL patients must remind the nurse and physician on the day of surgery of the following:

- ✓ A current list of medications including **blood thinners (Coumadin, Plavix, Aggrenox, Lovenox)**
- ✓ Give a current list of allergies to medication, food, contrast, or latex.

2. A history of last oral intake is required before providing sedation.

3. Patients may drink clear fluids up to **2 hours prior** to their procedure.

- Examples of clear liquids include: water, fruit juices without pulp, carbonated beverage, clear tea, and black coffee (sugar only, NO creamer), jello

4. Patients CAN NOT have any solid foods.

5. Alcohol containing drinks should not be consumed within the **24 hours prior** to surgery as this may increase gastric emptying time.

6. Prescribed medications, including pain medication, can be as prescribed with a small drink of water prior to a procedure.